

17 April 2020

ADDITIONAL MEASURES TO BE PUT IN PLACE: TO BE READ BY ALL BABY BUBBLE MOMS & GUESTS

Our current practices include:

- Hand sanitizing with 70% alcohol solution of all individuals entering the hydro room.
- Hand sanitizing during sessions using the 70% alcohol solution made available in the hydro room.
 - o Please use this before, during and after your sessions.
- Use the 70% alcohol surface spray provided to sanitize change mats & surrounding surfaces (including hand sanitizer bottles) before and after your sessions.
- Postponement of sessions if you or your little ones show any signs of illnesses.
- Sessions will be cancelled & make-up sessions scheduled if any of our staff show any signs of
 illness and we can't find an additional staff member to cover the sessions.

Please take note of the additional steps:

1. Non-Contact Forehead Thermometer Gun with Register at reception:

- We ordered one the day after the first address to the nation regarding COVID, however a week afterwards we were informed that they were out of stock. We have been struggling to locate one however, we have been placed on a back-order and are awaiting shipment thereof.
- o NB: Before use of the gun & pen sanitize your hands!
- o Temperatures need to be screened by all patrons entering baby bubble. A common symptom in adults with COVID is fever. It is an additional screening measure. The register will also offer you peace of mind for previous patrons entering the hydro room.
- We also ask that you measure your child's temperature. Fever is not found in all cases, but yet again, we can't be too cautious.

2. All staff will be wearing Surgical Transparent Face Shields:

- This shield will prevent the spread of droplets as well as prevent us from touching our faces which can result in cross-contamination and virus transmission onto our patrons.
- The shield however will affect the Baby Swim Gym Offering:
 - The coach will not be able to demonstrate submersion to her little ones. Therefore, we will be adjusting programming where she does it before your little blessings enter the water. This is going to be necessary to re-introduce submersion especially because we had a significant gap in sessions. She then can use her mask through the session when she is in closer contact with our members.



Our mini-members may not be used to the face mask. They could possibly feel
a bit insecure about it originally but once they get used to it, it will be back to
normal.



- We are going to reduce our cancellation policy to 6 hours prior to the session. We will also offer more leniency with regards to make-up sessions in the event that you or your little one show ANY signs of illness.
 - o As we are all going to be more precautious, we may observe slightly more make-up sessions than usual. We please request that there is a 'fair usage' policy in this regard as we won't be able to extend hours to accommodate more make-up sessions.
 - o In the event that you do inform us 6 hours before your scheduled session, we will send available time slots based on availability and other possible session cancellations.
 - o Make-up sessions not utilised within a 4-week period will expire.
 - Please Note that Baby Bubble is not liable to offer credit or reduced fees for sessions missed, we will however go out of our way to make a plan to make-up your missed session.
- 4. All patrons entering Baby Bubble MUST wear a face mask.
 - We please request that you wear a face mask.
 - MrsRose.co.za has beautiful cloth face masks made according to Government Recommendations for R50.00
- 4.1 It is equally important to be aware of the following simple guidelines when wearing your cloth mask:
 - Only use a mask that has been cleaned & ironed.
 - 2. Place the mask with the correct side facing your nose and mouth and covering both well.
 - 3. Tie the strings behind your head, or if you are using elastic bands, make sure these are tight.
 - 4. Make sure it fits well. Move it around to get the best fit. Never touch the cloth part.
 - 5. Once you have put on the mask, DO NOT TOUCH YOUR FACE again until you take it off.
 - 6. When you take it off, undo the ties, and carefully fold the mask inside out, hold it by the strings/elastic and place the mask in a container preserved for washing the cloth mask.
 - 7. Wash hands thoroughly and dry before doing anything else.

4.2 Maintaining the mask:

You must have at least two cloth masks per person so you will be able to wash one and have a clean one ready for use.

- 1. Wash the mask daily in soap and hot water (tolerated during hand wash).
- 2. Rinse thoroughly and dry.
- 3. IRON THE MASK- this is the best means of disinfection!
- 5. If photos are to be taken, all patrons are please requested to make use of our alcohol spray and sanitize their phones.
- 6. Be aware of touching your eyes and face. We will have additional hand sanitizer available at the pool which you can utilise.
- 7. NO more than 1 guest accompanying our mini-members in the hydro-room.. Please if more guests arrive we will ask them to kindly wait at a coffee shop as we really need to maintain stringent measures with regards to social distancing.



- o If primary person bringing your little one to baby bubble not you, please do share all the measures with them and ensure they understand it.
- Both parents are welcome at once, but NO ONE additional is permitted in the sessions.
- We are aware that these sessions are wonderful opportunities for you to share in making memories with loved ones, but we cannot be to precautious. The less people enter the hydro room, the less opportunity there is for infection.
- 8. If the staff member on duty shows ANY signs of illness and we are unable to find a replacement Instructor, the following procedure would apply:
 - o You will be contacted via WhatsApp, if we don't get a response, we will call.
 - The session will be cancelled.
 - We will then re-schedule a within a week after the missed session at an agreed upon date.
- 9. Change Stations will be placed 1.5 meters apart. An additional changing station will be added to the feeding room in order to offer further opportunity for social distancing.
- 10. For Swim Gym Sessions, only enter the hydro-room 5 minutes before your session so that we have the minimum amount of heads in the room at once.

Winter Months

Be aware that flu season coincides with cold weather but modern virology shows NO evidence that they are related in anyway. Correlation does not mean causation. Your little ones can continue swimming safely during this period and are not at any added risk of infection despite the old wives tales that still continues to this day.

Kindest Regards Baby Bubble Team